



THE CHRIS TAYLOR

MINDSET BUSINESS COACHING PROGRAM

Now the time to shift up the gears in your thinking and action? Yearning for new thinking, tactics and tools?

Your have come to the right place.

How the program has been designed

You can choose what suits your timing and budget.



BREAKTHROUGH THREE

A three month intense program that breaks through and get you results fast.



SUSTAINED SIX

Beyond the initial burst this program sets you up for sustained results.



SUMMIT TWELVE

The ultimate programme combines resilience learnings and a supplementary coaching program for you to coach your team.

What is included



00 EXPLORATION PLUS VISION CANVAS

All participants pre qualify following an initial discovery, Q&A and coaching session to explore and clarify purpose, possibilities and results desired from the coaching program. Initial clarity is required as a keystone focus for the coaching program whichever is selected.



01 ONE ON ONE COACHING

The heart of the program is effective and progressive one-on one coaching. Coaching is contained in weekly 30 minute sessions either phone or ZOOM based.



02 GROUP OR TEAM COACHING

Group or team model may straddle the program training cohort OR your work team. Coaching follows Clutterbuck International training models with sessions 90 minutes minimum. Specific pre contracting required prior to commencing.

03 ACCOUNTABILITY COACHING

This focusses your mindset growth through weekly, five minute burst accountability coaching conversations over phone or WhatsApp. Calls keep participants on track, gives rapid bump navigation and help foster a momentum and action based mindset.



04 NLP COACHING*

NLP Coaching is relaxed state coaching, available for in room participants only. Typically NLP Coaching is useful to challenge limiting beliefs or engrained structures of thinking. Also “unplugging” unhelpful thought patterns.



05 SPECIAL SKILLS FOCUS**

Skills set focus are identified and isolated through one on one coaching. Skill development may include live demo and feedback. May also include supplementary recommended reading, resources, training.



* NLP Method Coaching is subject to pre qualification.

** Skillset Focus electives: 1. Speaking and Presentation Skills 2. Coaching & Mentoring 3. Outstanding Meetings 4. Inner Dialogue Mastery 5. Business & Strategic Planning.

Coaching toolkit includes PERILL & Belbin Team Roles for Team Coaching, Genos EI Assessment. Suitability and placement participant context specific.

SPECIFICS OF EACH OFFERING

	BREAKTHROUGH 3	SUSTAINED 6	SUMMIT 12
Exploration + Vision Canvass	✓	✓	✓
One on One Coaching	✓ 16 x 30 min sessions*	✓ 32 x 30 min sessions*	✓ 48 x 30 min sessions*
Group / Team Coaching	✓ 6 x 90 min sessions*	✓ 9 x 90 min sessions*	✓ 18 x 90 min sessions*
Accountability Coaching	✓ 12 calls	✓ 26 calls	✓ 52 calls
NLP Coaching	✓ Participant dependent	✓ Participant dependent	✓ Participant dependent
Special Skills Focus	✓ 1 x Participant elective	✓ 2 x Participant elective	✓ 3 x Participant elective
Monthly 2 hr Walk n' Talk		✓	✓
Day Retreat			✓
Copies of Book	2 + eBook	4 + eBook	10 + eBook
Investment ¹	POA	POA	POA



BOOK - Participants receive bonus copies of Avoiding Propeller Blades - Making the Rest of Your Life the Best of Your Life.

* session timings are guide only.

Leadership is a result of doing what you love doing and pursue your calling. Leadership is a result of expressing yourself fully in your area of work to achieve excellence. It is about being yourself. Leadership without personal excellence is not possible.

Warren Bennis



Chris Taylor ITCA, ITA (EMCC), MSc (Eng), PGDip(Couns) is a Mindset and Business Coach with over a decade of coal face coaching experience.

For full profile visit: [Director, Chris Taylor Coaching - CT Consulting Ltd](#) | [Linkedin](#)





Christ Taylor 021 708 751
www.CoachingChrisTaylor.com